

United Against Sexual Assault of Sonoma County

POSITION: *MyStrength* Facilitator

LOCATION: UASA Prevention Education Department

TIME COMMITMENT: Part time, hourly

MyStrength is a unique initiative focused on preventing first-time perpetration of sexual violence. The campaign works with young men and centers on the theme, "My Strength is Not for Hurting," which emphasizes positive masculinity and enables men to utilize their strength to stand up and speak out against sexual violence, and is designed to raise awareness of sexual violence among youth and highlight the vital role that young men can play in fostering healthy, safe relationships. Complementing over 30 years of work and programs in the movement to end sexual violence, *MyStrength* enlists men and boys in prevention efforts, encouraging them to take responsibility and find solutions. The goal of *MyStrength* is a world free from sexual violence. (www.mystrength.org)

United Against Sexual Assault (UASA) – a place of courage, commitment, integrity, and support; UASA is Sonoma County's only certified rape crisis, prevention, intervention, education, and counseling center and has been in existence for over 34 years. Through a variety of funding sources UASA has been selected to provide *MyStrength* workshops to males throughout Sonoma County. (www.uasa.org)

Essential Duties:

- Work as a team member in the Prevention Education Department
- Collect and manage monthly department/program data, as required, including writing evaluations for funding agents
- Conduct *MyStrength* workshops throughout Sonoma County, as directed by Prevention Education Manager (Each workshop consists of ten, 90 minute sessions.)
- Work with clients and families toward meeting client needs

Requirements:

- Previous experience, both one-on-one and in group, working with at-risk youth
- Background in healthy relationship and communication education as well as sexual assault, violence, and/or gang prevention work. Ability to utilize this education when working with young men and their families.
- Ability to use motivational, supportive, facilitation techniques to foster a safe environment for young men to explore new ways of thinking about relationships, behaviors, and attitudes.
- Highly motivated, organized, and self-directed. Must be able to co-facilitate groups as well as work closely with UASA's Counseling Services Manager and Prevention Education Manager.
- Team-player a must!

Desired Qualifications:

- Bilingual in Spanish and English, desired but not mandatory.

Rate of pay: \$14/hour. This is a time specific, hourly position. (Actual days/hours flexible, Facilitators' personal schedule considered.) 5 hours per week.

Facilitator(s) must, if not already certified, attend a (paid) two day training/certification in Sacramento, California (end July, 2009).