

Did You Know That...

- *In 2003, only 39% of rapes and sexual assaults were reported to law enforcement officials — about one in every three.*
[RAINN.org, 2005]
- *Approximately 70% of female rape victims and 74% of male rape victims know their assailant.*
[National Crime Victimization Survey, 2003]
- No matter what happened or who the rapist is — it was NOT your fault. You are innocent.

If Someone You Know Is Raped:

- ✓ Let them know you care
- ✓ Be willing to simply listen
- ✓ Don't give advice or tell them what to do
- ✓ Believe what they tell you
- ✓ Don't ask for details of the assault
- ✓ Reassure them they are NOT to blame
- ✓ Let *them* decide who to tell
- ✓ Call the UASA Crisis Line — for them, or for yourself

If You Are Raped:

- ✓ Go to a safe place.
- ✓ Do NOT bathe, shower or douche. Valuable evidence could be destroyed.
- ✓ Get medical attention as soon as possible.
- ✓ Contact a friend, family member and/or the UASA Crisis Line for support and information. Consider calling the police.
- ✓ Remember: You are innocent. You are alive. You are a survivor. Begin your recovery.

*Share your caring spirit!
Help members of your community to
write for a safe world.
Support UASA's efforts to prevent assault
of someone you know, someone you love,
or... Yourself.*

**United Against Sexual Assault
of Sonoma County**
835 Piner Road, Suite D
Santa Rosa, CA 95403



**UNITED AGAINST
SEXUAL ASSAULT**
of Sonoma County

Breaking the silence.

Since 1974, UASA has worked to prevent sexual assault through community education, and continues to support all survivors.

OUR MISSION

We, the women and men of United Against Sexual Assault, working in partnership with the community, strive to eliminate all forms of violence, with a special focus on sexual assault and abuse. Sexual assault is an unacceptable and unconscionable form of oppression, which is destructive to the lives of survivors, their families, and friends. UASA facilitates healing and promotes the prevention of violence by providing counseling, advocacy, intervention, and education, in our communities.

FACTS FUEL OUR MISSION

Children and Teens:

- *1 in 2 rape victims is under 18; 1 in 6 is under 12.*
[Department of Justice, Child rape victims, 1992]
- *Sonoma County Redwood Children's Center statistics for 1997-2004 indicate that 91% of sexual assault victims knew their assailants.*
- *A recent study on 9th through 12th grade females found 1 in 5 experienced physical or sexual dating violence.*
[CALCASA 2005 Report on Rape and Violence]

Women:

- *At least 1 in 3 women and girls has been beaten or sexually abused in her lifetime.*
[UN Report on the Commission on the Status of Women, 2000]
- *In 2003, there were 198,850 victims of rape, attempted rape or sexual assault.*
[National Crime Victimization Survey, 2003]
- *In California, a woman is raped every 54 minutes.*
[CALCASA 2005 Report on Rape and Violence]

Men:

- *An estimated 92,700 men are raped each year in the U.S.*
[Tjaden and Thoemmes, 1998]
- *11% of sexual assault victims are male.*
[U.S. Department of Justice, 2000]

United Against Sexual Assault
Office: 707-545-7270 M-F 9-5

WHO WE SERVE

Women, men and children in Sonoma County.
Those who have been sexually assaulted — and those who help and support them.

SERVICES WE OFFER

ALL INTERVENTION & PREVENTION SERVICES OFFERED IN ENGLISH AND SPANISH.

Intervention Services, Workshops and Training:

24/7 Crisis line: 707-545-7273

Advocacy and Accompaniment to:

- DNA forensic evidence collection exams
- Interviews with law enforcement
- Court proceedings

Individual Counseling:

- For survivors and their families

Support Groups:

- For adult & teen sexual assault survivors
- For survivors—Skill Building Workshop
- For friends and family of sexual assault survivors—Healing Allies
- For teen girls—Girls Support Group

Training:

- For student interns and volunteers, on crisis intervention, peer support, and prevention techniques

Prevention Education and Training:

Education and Self-Defense Training:

- Self-defense courses for women and girls
- Awareness programs for college students
- Workshops for medical personnel, law enforcement, and other professional and community groups on sexual assault awareness

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CAPP/TAPP Classroom Workshops:

For children and teens—through role plays and guided discussions—to strengthen self esteem and to teach preventive strategies.

CAPP: Child Abuse Prevention Project teaches kids to identify unsafe situations and what to do about them. Offers informational workshops to school staff and parents.

TAPP: Teen Assault Prevention Project teaches youth the myths and realities of sexual, physical and emotional abuse. Provides youth with skills to identify and prevent violence and expands their understanding of sexual issues through peer education and training.

LGBT Sexual Assault Prevention Education:

A comprehensive same-sex and transgendered sexual assault curriculum that aids in the acknowledgment and eradication of sexual violence among the LGBT population.
For youth and young adults.

HOW YOU CAN GET INVOLVED

If you have the desire to join in uniting for a safer world, we welcome you to participate as a volunteer by:

- Being trained as a:
 - ♦ State Certified Sexual Assault Counselor
 - ♦ Child Abuse/Teen Assault Prevention presenter
- Working on our special events committee
- Joining our Speakers Bureau
- Contributing a financial or in-kind gift
- Serving on our Board of Directors

PLEASE CONTACT UASA AT 707-545-7270 TO FIND OUT ABOUT VOLUNTEERING YOUR TIME OR MAKING A DONATION OF ANY KIND.

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